		Morning/ Afternoon/	In person/ Online
Start Date	Location Details	Evening	Delivery
	Marie Keating Foundation	Morning	Online
	Co Dublin		
	Fiona Sullivan		
6th January 2026	fsullivan@mariekeating.ie		
	Suir Haven Cancer Support Centre Thurles	Morning	In Person
27th January	Mary Ryan Maher 0860818135		
2026	maryryanmaher@gmail.com		
	Beaumont	Morning	In Person
27 th January	Noreen Anderson		
2026	noreenanderson2@beaumont.ie		
	Recovery Haven	Morning	In Person
	Tralee		
	Siobhan MacSweeney, 0867038126		
	siobhan@recoveryhavenkerry.com		
February 2026	sioonang recovery naverment y toom		
	Midwestern Cancer Foundation	Morning	In Person
	Limerick		
	Decido Blassico		
February 2026	Breda Blessing limericksupport@mwcf.ie		
1 ebi dai y 2020	ARC Cancer Support Centres		In Person
	South Circular Road		
	Linda Houlihan		
13th February	087 8743063		
2026	linda@arccancersupport.ie ARC Cancer Support Centres	Morning	In Person
	65 Eccles Street	iviorining	III I CISOII
	Amada Clooney 01 2150250		
4 th March 2026	amanda@arccancersupport.ie		
September 2026			
September 2020			

March 2026	Cancer Care West Galway City Elaine Corcoran 087 9913753 elaine.corcoran@cancercarewest.ie	Morning	In Person
February 2026 June 2026	SOLAS Cancer Support Centre Waterford Tracy McDaid 051 304604 manager@solascentre.ie	Morning	In Person
5 th March 2026	Gary Kelly Centre George's Street, Drogheda Co Louth, A92 XV07 Susanne Odberger-Kelly 041 980 5100 admin@gkcancersupport.com	Morning	In Person
	Cuan Cancer Support Centre Cavan	Morning	
9 th April 2026	Maria Brady 0851639895		In Person